



September 29, 2015 • 7:30 a.m. - 4:30 p.m.
Grappone Conference Center, Concord, NH



The Future of Healthcare Coverage in New Hampshire

— PROGRAM —

Featured Keynote Address and Panel



The Future of Healthcare Coverage in New Hampshire

What the public sector needs to know to prepare for the future, including:

- The current state of healthcare in New Hampshire and where we are headed
- Major cost drivers of healthcare and how to contain them
- Trends in medical coverage plans

Keynote Speakers and Panelists:

Tyler Brannen, Health Policy Analyst, NH Insurance Department

Lucy Hodder, Director of Health Law and Policy, University of New Hampshire

Maria Proulx, Staff VP of Strategy, East Region and National Provider Solutions, Anthem Blue Cross and Blue Shield

David Law, Benefits and Coverage Counsel, HealthTrust

Panel Moderator:

Jack Rodolico, Health and Science Reporter, New Hampshire Public Radio

**Register
Today!**

7:30 a.m.

Registration

Continental breakfast
Exhibits and Wellness rooms open
Biometric screenings and flu shots available

8:30 a.m.

Opening remarks

Speaker: **Peter Bragdon**, Executive Director, HealthTrust

8:40 a.m.

Keynote Address and Panel

The Future of Healthcare Coverage in New Hampshire (see session details above)

10:15 a.m.

Break

Exhibits and Wellness rooms open
Biometric screenings and flu shots available

10:30 a.m.

The Impact of the "Cadillac Tax" and Strategies to Contain Costs

An in-depth look at the Excise Tax on High-Cost Employer-Sponsored Health Coverage (the "Cadillac Tax"), which becomes effective in 2018.

- Ways employers and employees can plan for new Affordable Care Act (ACA) requirements

- Strategies for mitigating cost increases, including plan design and medical consumerism

Speakers:

Melisa Briggs, Benefits Assistant Manager, HealthTrust

David Law, Benefits and Coverage Counsel, HealthTrust

Maria Proulx, Staff VP of Strategy, East Region and National Provider Solutions, Anthem Blue Cross and Blue Shield

Darlene Simmons, Member Relations Advisor, HealthTrust

11:45 a.m.

Break

Exhibits and Wellness rooms open

12 noon

Luncheon

Success Stories: Collective Bargaining and Plan Implementation

Learn how Management and Labor can successfully implement plans that adhere to ACA requirements. Representatives of HealthTrust Members will share how collective bargaining in their groups led to successful plan implementation.

(Continued)

Space is limited. To register, go to the Calendar of Events at www.healthtrustnh.org.

Speakers:

Duane Ford, Assistant Superintendent for Business Administration, Bow, SAU #67
Matthew H. Upton, Attorney, Drummond Woodsum Attorneys at Law
Robert B. Whitehead, UniServ Director, Capital Region NEA-NH

1:15 p.m.

Break

Exhibits and Wellness rooms open

1:30 p.m.

Breakout sessions

Track 1: Mitigating Healthcare Cost Drivers

Attendees will hear the latest in medical and prescription utilization, including patterns in condition management and solutions for reducing high-dollar claims.

Speakers:

Richard Lafleur, M.D., Medical Director, Anthem Blue Cross and Blue Shield
Sonia Suelen, PharmD, Clinical Advisor, CVS Caremark

Moderator: **Scott Weden**, Benefits and Wellness Manager, HealthTrust

Track 2: Plan Design Strategies to Contain Costs

Gain an in-depth understanding about governmental plan design options in the marketplace.

Speakers:

Melanie Connelly, Account Manager, Anthem Blue Cross and Blue Shield
Lee Shackelford, Director, National Accounts, CVS/caremark

Moderator: **Melisa Briggs**, Benefits Assistant Manager, HealthTrust

2:45 p.m.

Break

Exhibits and Wellness rooms open

3:00 p.m.

Breakout sessions

Track 1: Mitigating Healthcare Cost Drivers

Attendees will hear the latest in medical and prescription utilization, including patterns in condition management and solutions for reducing high-dollar claims.

Speakers:

Richard Lafleur, M.D., Medical Director, Anthem Blue Cross and Blue Shield
Sonia Suelen, PharmD, Clinical Advisor, CVS Caremark

Moderator: **Scott Weden**, Benefits and Wellness Manager, HealthTrust

Track 2: Empowering Employees to Engage in Their Own Healthcare

(Presentation and Wellness room walk-through)

Learn proven strategies to help your employees become savvy medical consumers and maximize the benefits from their health coverage plans.

- How to establish a wellness program at your workplace
- Encouraging your employees to shop for cost-effective medical services
- Tips for staff on selecting a healthcare provider
- Doctor-patient communication strategies

Speakers:

Rob Graybill, Vice President, Vitals/SmartShopper
Carrie Cruess, MPH, Account Manager, Onlife Health, Inc.
Jen Chiarantona, Account Manager, LifeResources

Moderator: **Bill Byron**, Health and Safety Assistant Manager, HealthTrust

4:15 p.m.

Closing remarks

Wellness room prize winners announced

4:30 p.m.

Adjourn



Northeast Delta Dental



The Health Summit is complimentary and designed for HealthTrust Members and HealthTrust's invited guests. Space is limited. To register, go to the Calendar of Events at www.healthtrustnh.org.

